

## Adam's Rib Socks

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A slightly more feminine take on ribbed socks.

### Materials:

1 hank (380 yards/5.5 ounces) 100% superwash merino Sock That Rock medium weight sock yarn (shown here in Pink Granite)  
US size #1 (2.25 mm) knitting needles (either double pointed, 2 circulars, or one long circular for Magic Loop method)  
Tapestry needle for grafting closed the toes

### Gauge:

11 stitches per inch and 8 rows per inch in rib pattern worked in the round, unstretched.  
Use the needle size that produces gauge for you.

### Sizing:

The pattern is written to fit a woman's medium foot. To make a larger size, cast on stitches in increments of 3, or use a larger needle.

### Cast on:

Cast on 60 stitches using your preferred method for knitting socks, join, and begin working in the round.

### Stitch pattern:

Round 1 – \*P1, Sl 1 wyib, YO, K1, PSSO the YO and K1\*

Round 2 – \*P1, K2\*

Begin with Round 1 and work Rounds 1 and 2 until the leg of the sock is 6" long, or the length you prefer. When working the last round, rearrange stitches so there are 36 stitches available to work for the heel, leaving the other 24 stitches resting on the other needle. If sizing the sock up with additional cast on stitches, use 60% of the stitches for the heel, leaving the other 40% resting on the other needle.

### Short row garter stitch heel:

Work back and forth on 36 stitches to create a garter stitch short row heel, starting on the right side.

Row 1 – Sl 1, K34, s/w/t

Row 2 – K33, s/w/t

Row 3 – K32, s/w/t



Row 4 – K31, s/w/t  
Row 5 – K30, s/w/t

Continue as above, knitting one less stitch on each row, until you have worked the following row.

Row – 23 K12, s/w/t

Begin increasing as follows, starting on the wrong side.

Row 24 – K12, s/w/t  
Row 25 – K12, s/w/t  
Row 26 – K13, s/w/t  
Row 27 – K14, s/w/t  
Row 28 – K15, s/w/t

Continue in the same fashion, knitting one more stitch on each row until you have worked the following row on the wrong side.

Row 48 – K35, s/w/t

### **Foot:**

Rearrange the stitches so that there are 30 instep stitches and 30 heel stitches (move 3 from each side of the just completed heel back to the instep). Right side facing, knit 3 stitches in the established rib pattern, PM to indicate the beginning of rounds, and K30 across the sole of the foot. Continue around the instep in the established rib pattern.

Finish the foot by working the rib pattern on the instep and stockinette stitch on the sole of the foot until you are 2" short of your desired finished foot length.

### **Garter stitch toe:**

Round 1 – K15 and Place Marker to denote the new beginning of rounds at the center of the sole. K 12, K2tog, K1 across the rest of the sole. On the instep, K1, SSK, K24, K2tog, K1. K1, SSK, K12 to the marker.  
Round 2 – Purl  
Round 3 – K to the last 3 stitches before the end of the sole, K2tog, K1; K1, SSK, K to the last 3 stitches of the instep, K2tog, K1; K1, SSK, K to the marker.  
Round 4 – Purl

Repeat Rounds 3 and 4 until there are 44 total stitches remaining. Then work the following rounds until there are 20 total stitches remaining.

Round 9 – K to the last 3 stitches before the end of the sole, K2tog, K1; K1, SSK, K to the last 3 stitches of the instep, K2tog, K1; K1, SSK, K to the marker.  
Round 10 – P to the last 3 stitches before the end of the sole, P2tog, P1; P1, P2togTBL, P to the last 3 stitches of the instep, P2tog, P1; P1, P2togTBL, P to the marker.

### **Grafting garter stitch with Kitchener stitch:**

When there are 20 total stitches left and after having worked to the end of the round, divide them into 10 on each of two needles, cut the yarn 3 times the width of the remaining stitches. Thread the tapestry needle with the tail and begin with the front needle. To graft in garter stitch, \*go K-wise through the first stitch and slip it off needle, go P-wise through the second stitch on the front needle, leaving it in place; on the back needle, go K-wise through the first stitch and slip it off needle, go P-wise through the second stitch on the back needle, leaving it in place\* Repeat until all stitches are grafted. Weave ends.

## Abbreviations and terms

K	Knit
P	Purl
K2tog	Knit two stitches together
P2tog	Purl two stitches together
SSK	One at a time, slip two stitches knit-wise to the right needle, insert the left needle into the fronts of the stitches from left to right, knit the two stitches together
s/w/t	slip one stitch/ <b>w</b> rap it with the working yarn and return it to the left needle/ <b>t</b> urn the work
PSSO	Pass slipped stitch over the stitch or stitches indicated
K-wise	Knit-wise (insert the needle into the stitch as if to knit it)
P-wise	Purl-wise (insert the needle into the stitch as if to purl it)
Sl	Slip a stitch purl-wise, unless indicated otherwise
YO	Yarn over the needle
wyib	With yarn in back
PM	Place marker